State Profile: Vermont

| | VT | US | | VT | US |
|---|----------|----------|---|-------------|-------------|
| Population = | | | Socio-Demographics | | |
| Total Pop. (thousands) | 626.6 | 316,128 | Average Household Size | 2.33 | 2.61 |
| Pop. 60+ (thousands) | 132.3 | 62,826 | Average Family Size | 2.88 | 3.19 |
| % 60+ | 21.1 | 19.9 | %Pop. in Rural Area | 61.6 | 19.3 |
| National Ranking 60+ | 6 | N/A | %Households with Persons | 26.0 | 24.9 |
| % White (60+) | 97.6 | 78.9 | 65+ % Percent Age 65 L Living | 20.0 | 2415 |
| % African American (60+) | 0.3 | 8.8 | % Persons Age 65+ Living Alone | 10.5 | 9.4 |
| % Hispanic/Latino (60+) | 0.6 | 7.3 | % Households with | 85.7 | 79.3 |
| % Asian (60+) | 0.5 | 3.6 | Internet Access | 0017 | |
| % Native Hawaiian/ Pacific Islanders (60+) | 0.0 | 0.1 | | | |
| % American Indian/ | 0.2 | 0.5 | Informal Caregivers | | |
| Alaska Native (60+) % Two or More Races | 012 | 010 | <pre># of Caregivers (thousands)</pre> | 64.3 | 28,828 |
| (60+) | 0.7 | 0.8 | # of Caregiving Hours (million) | 69 | 30,880 |
| Pop. 65+ (thousands) | 91.1 | 40,267 | Value of Caregiving (millions) | \$683 | \$306,333 |
| % Pop. 65+ | 12.2 | 13 | # Grandparents Living with Grandchildren | 8.0 | 7070 |
| National Ranking 65+ | 7 | N/A | (thousands) | 010 | , , , , , |
| Pop. 85+ (thousands) | 12.8 | 5,493 | % with Responsibility for the Grandchildren | 46 | 38.8 |
| % Pop. 85+ | 1.5 | 1.8 | Where to Call to | | |
| National Ranking 85+ | 14 | N/A | Arrange Help in the Home for Elderly Relatives or Friends | | |
| | | | % Relative or Friend | 17.0 | 21.5 |
| | | | % Self | 11.5 | 17.2 |
| Economic Indicators = | | | % Medical Support | 27.8 | 21.6 |
| Per Capita Income | \$42,994 | \$42,693 | % Religious Support | 0.1 | 0.4 |
| Median Household Income | \$54,168 | \$53,046 | % Area Agency on | | |
| Total State Expenditures Per Capita | 7,767 | 5,385 | Aging , % Other | 3.0 | 2.0 |
| % Pop. 65+ Below Poverty | 9 | 13 | % Don't Know | 5.3 35.4 | 4.5 32.7 |

Selected State Background Characteristics

Updated September 2014. Data sources for selected characteristics are available at https://caregiver.org/50-state-profiles-sources-2014-update

| | VT | US | | VT | US |
|---|---------|---------|---|------|------|
| ■ Long-Term Care ■ | | | ■ Care Receivers ■ | | |
| Medicaid Spending on Long-Term Care | | | % Pop. 18-64 Years w/Disability | 11.0 | 10.1 |
| % Spending on Nursing Facilities | n/a | 41.1 | % Pop. 65+ w/Disability | 33.6 | 36.4 |
| % Spending on Home Health & Personal Care | n/a | 45 | % 65+ by Type of Disability Hearing Difficulty | 16.5 | 14.9 |
| # of Certified Nursing Facilities | 40 | 15,465 | Ambulatory | 19.4 | 23.5 |
| % of Certified Facilities with | 25.0 | 30.5 | Self-Care | 7.0 | 8.8 |
| Family Groups | 25.0 | 50.5 | Cognitive | 8.3 | 9.4 |
| <pre># of Certified Nursing Facility Beds (thousands)</pre> | 3.3 | 1,646 | Independent Living Difficulty | 13.0 | 16.1 |
| % Certified Nursing Facility Occupancy Rate | 87.6 | 83 | Dimeanly | | |
| Average Cost Per Day in a Nursing Home (private) | \$286 | \$241 | | | |
| Average Assisted Living Monthly Cost | \$4,741 | \$3,551 | Medicare Prescription Drug Plans | | |
| Average Daily Cost for Adult Day Care Services | \$141 | \$64 | # of Organizations Offering | 15 | N/A |
| Average Hourly Cost for Home Health Care | \$23 | \$26 | PDPs # of PDP | 31 | N/A |
| # of Home Health Aides | 430 | 806,710 | # of Medicare Advantage Drug Plan Contracts | 5 | N/A |
| Median Hourly Wage | | | | | |
| Certified Medical Assistant | \$15.57 | \$14.24 | | | |
| Home Health Aide | \$12.41 | \$10.10 | | | |
| Personal Care/Home Care Aide | n/a | \$9.18 | | | |

State Profile: Vermont (cont'd)

State System of Home and Community-Based Services (HCBS)

| Caregiver Assessment in Medicaid HCBS Waiver Program | No |
|--|-----|
| At Least One State Program with Consumer-Directed Option for Family Caregivers | Yes |
| Lifespan Respite Grant | No |
| State Respite Coalition | No |

Workplace Benefits for Family Caregivers

| Paid Family Leave | Νο |
|--|----|
| Unemployment Insurance for Family Caregivers | Νο |
| Paid Sick Days | Νο |
| Preemptive Law Prohibiting local Governments from Establishing the Right to Sick Leave | Νο |

Miscellaneous Statewide Programs, Regulations and Legislation

| State Alzheimer's Plan | Yes |
|--|-----|
| Uniform Adult Guardianship and Protective Proceedings Jurisdiction (UAGPPJA) | Yes |
| State Policy Permitting Delegation of 16 Nursing Tasks | Yes |