State Profile: Virginia

Selected State Background Characteristics

	VA	US		VA	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (thousands)	8,260	316,128	Average Household Size	2.61	2.61
Pop. 60+ (thousands)	1,419	62,826	Average Family Size	3.17	3.19
% 60+	17.7	19.9	%Pop. in Rural Area	24.6	19.3
National Ranking 60+	40	N/A	%Households with Persons	24.0	24.9
% White (60+)	77.9	78.9	65+	24.0	24.5
% African American (60+)	15.2	8.8	% Persons Age 65+ Living Alone	8.8	9.4
% Hispanic/Latino (60+)	2.3	7.3	% Households with	77.2	79.3
% Asian (60+)	3.6	3.6	Internet Access		
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1			
% American Indian/	0.2	0.5	■ Informal Caregivers ■		
Alaska Native (60+)	0.2	0.5	<pre># of Caregivers (thousands)</pre>	740.4	28,828
% Two or More Races (60+)	0.8	0.8	# of Caregiving Hours (million)	793	30,880
Pop. 65+ (thousands)	976.9	40,267	Value of Caregiving (millions)	\$7,868	\$306,333
% Pop. 65+	12.2	13	# Grandparents Living with Grandchildren	180	7070
National Ranking 65+	43	N/A	(thousands)	100	7070
	400.4	5 400	% with Responsibility for the Grandchildren	38.5	38.8
Pop. 85+ (thousands)	122.4	5,493	Where to Call to		
% Pop. 85+	1.5	1.8	Arrange Help in the		
National Ranking 85+	41	N/A	Home for Elderly Relatives or Friends		
			% Relative or Friend	23.5	21.5
			% Self	9.5	17.2
■ Economic Indicators ■			% Medical Support	17.9	21.6
Per Capita Income	\$47,082	\$42,693	% Religious Support	0.4	0.4
Median Household Income	\$63,636	\$53,046	% Area Agency on	1.9	2.0
Total State Expenditures Per Capita	5,291	5,385	Aging		2.0
% Pop. 65+ Below Poverty	14	13	% Other	6.4	4.5
70 T Op. 03 T Delow Toverty	17	13	% Don't Know	40.5	32.7

Updated September 2014. Data sources for selected characteristics are available at https://caregiver.org/50-state-profiles-sources-2014-update

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State Profile: Virginia (cont'd)

Selected State Background Characteristics

	VA	US		VA	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 18-64 Years w/Disability	8.9	10.1
% Spending on Nursing Facilities	33.9	41.1	% Pop. 65+ w/Disability	34.5	36.4
% Spending on Home	48.0	45	% 65+ by Type of Disability		
Health & Personal Care	40.0	13	Hearing Difficulty	13.6	14.9
<pre># of Certified Nursing Facilities</pre>	286	15,465	Ambulatory	22.3	23.5
% of Certified Facilities with	30.1	30.5	Self-Care	8.6	8.8
Family Groups	50.1	30.3	Cognitive	9.0	9.4
# of Certified Nursing Facility Beds (thousands)	31.9	1,646	Independent Living Difficulty	15.4	16.1
% Certified Nursing Facility Occupancy Rate	88.2	83	Difficulty		
Average Cost Per Day in a Nursing Home (private)	\$226	\$241			
Average Assisted Living Monthly Cost	\$3,815	\$3,551	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Care Services	\$60	\$64	# of Organizations Offering	16	N/A
Average Hourly Cost for	\$19	\$26	PDPs		
Home Health Care	φισ	\$20	# of PDP	33	N/A
# of Home Health Aides	9,600	806,710	# of Medicare Advantage Drug Plan Contracts	22	N/A
Median Hourly Wage					
Certified Medical Assistant	\$14.61	\$14.24			
Home Health Aide	\$9.90	\$10.10			
Personal Care/Home Care Aide	\$8.86	\$9.18			

State Profile: Virginia (cont'd)

State System of Home and Community-Based Services (HCBS)

Caregiver Assessment in Medicaid HCBS Waiver Program	No
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes
Lifespan Respite Grant	Yes
State Respite Coalition	Yes

Workplace Benefits for Family Caregivers

Paid Family Leave	No
Unemployment Insurance for Family Caregivers	No
Paid Sick Days	No
Preemptive Law Prohibiting local Governments from Establishing the Right to Sick Leave	No

Miscellaneous Statewide Programs, Regulations and Legislation

State Alzheimer's Plan	Yes
Uniform Adult Guardianship and Protective Proceedings Jurisdiction (UAGPPJA)	Yes
State Policy Permitting Delegation of 16 Nursing Tasks	No