State Profile: North Carolina

Selected State Background Characteristics

	NC	US		NC	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (thousands)	9,848	316,128	Average Household Size	2.54	2.61
Pop. 60+ (thousands)	1,772	62,826	Average Family Size	3.11	3.19
% 60+	18.6	19.9	%Pop. in Rural Area	33.91	19.3
National Ranking 60+	32	N/A	%Households with Persons	24.4	24.9
% White (60+)	79.6	78.9	65+	27.7	24.5
% African American (60+)	16.3	8.8	% Persons Age 65+ Living Alone	9.4	9.4
% Hispanic/Latino (60+)	1.5	7.3	% Households with	77.7	79.3
% Asian (60+)	1.1	3.6	Internet Access		, 5.5
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1			
% American Indian/	0.9	0.5	■ Informal Caregivers ■		
Alaska Native (60+) % Two or More Races	0.5	0.5	# of Caregivers (thousands)	804.3	28,828
(60+)	0.5	0.8	# of Caregiving Hours (million)	900	30,880
Pop. 65+ (thousands)	1,234	40,267	Value of Caregiving (millions)	\$8,930	\$306,333
% Pop. 65+	12.9	13	# Grandparents Living with Grandchildren	207	7070
National Ranking 65+	34	N/A	(thousands)	207	7070
			% with Responsibility for	48.8	38.8
Pop. 85+ (thousands)	147.5	5,493	the Grandchildren Where to Call to		
% Pop. 85+	1.5	1.8	Arrange Help in the		
National Ranking 85+	40	N/A	Home for Elderly Relatives or Friends		
			% Relative or Friend	20.5	21.5
			% Self	24.7	17.2
■ Economic Indicators ■			% Medical Support	22.4	21.6
Per Capita Income	\$37,049	\$42,693	% Religious Support	0.2	0.4
Median Household Income	\$46,450	\$53,046	% Area Agency on	1.9	2.0
Total State Expenditures	5,362	5,385	Aging	1.7	2.0
Per Capita % Pop. 65+ Below Poverty	14	13	% Other	3.5	4.5
70 TOP. 05+ Delow Foverty	14	13	% Don't Know	26.8	32.7

Updated September 2014. Data sources for selected characteristics are available at https://caregiver.org/50-state-profiles-sources-2014-update

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State Profile: North Carolina (cont'd)

Selected State Background Characteristics

	NC	US		NC	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 18-64 Years w/Disability	15	10.1
% Spending on Nursing Facilities	40.7	41.1	% Pop. 65+ w/Disability	45.2	36.4
% Spending on Home	41.0	45	% 65+ by Type of Disability		
Health & Personal Care	41.0	43	Hearing Difficulty	16.6	14.9
# of Certified Nursing Facilities	421	15,465	Ambulatory	32.5	23.5
% of Certified Facilities	28.5	30.5	Self-Care	12.0	8.8
with Family Groups	20.3	30.3	Cognitive	10.0	9.4
# of Certified Nursing Facility Beds (thousands)	43.4	1,646	Independent Living Difficulty	20.8	16.1
% Certified Nursing Facility Occupancy Rate	86.2	83	Difficulty		
Average Cost Per Day in a Nursing Home <i>(private)</i>	\$200	\$241			
Average Assisted Living Monthly Cost	\$3,028	\$3,551	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Care Services	\$66	\$64	# of Organizations Offering	16	N/A
Average Hourly Cost for Home Health Care	\$19	\$26	PDPs # of PDP	32	N/A
# of Home Health Aides	47,860	806,710	# of Medicare Advantage Drug Plan Contracts	21	N/A
Median Hourly Wage					
Certified Medical Assistant	\$13.87	\$14.24			
Home Health Aide	\$9.05	\$10.10			
Personal Care/Home Care Aide	\$9.04	\$9.18			

State Profile: North Carolina (cont'd)

State System of Home and Community-Based Services (HCBS)

Caregiver Assessment in Medicaid HCBS Waiver Program	No
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes
Lifespan Respite Grant	Yes
State Respite Coalition	Yes

Workplace Benefits for Family Caregivers

Paid Family Leave	No
Unemployment Insurance for Family Caregivers	No
Paid Sick Days	No
Preemptive Law Prohibiting local Governments from Establishing the Right to Sick Leave	Yes

Miscellaneous Statewide Programs, Regulations and Legislation

State Alzheimer's Plan	Yes
Uniform Adult Guardianship and Protective Proceedings Jurisdiction (UAGPPJA)	No
State Policy Permitting Delegation of 16 Nursing Tasks	No