State Profile: New Hampshire

Selected State Background Characteristics

	NH	US		NH	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (thousands)	1,323	316,128	Average Household Size	2.47	2.61
Pop. 60+ (thousands)	260.2	62,826	Average Family Size	2.97	3.19
% 60+	19.8	19.9	%Pop. in Rural Area	39.7	19.3
National Ranking 60+	16	N/A	%Households with Persons	25.1	24.9
% White (60+)	97.2	78.9	65+	25.1	24.5
% African American (60+)	0.4	8.8	% Persons Age 65+ Living Alone	9.3	9.4
% Hispanic/Latino (60+)	0.8	7.3	% Households with	87.7	79.3
% Asian (60+)	0.9	3.6	Internet Access		
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1			
% American Indian/	0.1	0.5	■ Informal Caregivers ■		
Alaska Native (60+) % Two or More Races	0.1	0.5	<pre># of Caregivers (thousands)</pre>	131.1	28,828
(60+)	0.5	0.8	# of Caregiving Hours (million)	140	30,880
Pop. 65+ (thousands)	178.3	40,267	Value of Caregiving (millions)	\$1,393	\$306,333
% Pop. 65+	13.5	13	# Grandparents Living with Grandchildren	20.2	7070
National Ranking 65+	24	N/A	(thousands)	20.2	7070
Day OF Law	24.0	F 402	% with Responsibility for the Grandchildren	34.4	38.8
Pop. 85+ (thousands)	24.8	5,493	Where to Call to		
% Pop. 85+	1.9	1.8	Arrange Help in the		
National Ranking 85+	24	N/A	Home for Elderly Relatives or Friends		
			% Relative or Friend	15.4	21.5
			% Self	11.7	17.2
■ Economic Indicators ■			% Medical Support	23.5	21.6
Per Capita Income	\$47,058	\$42,693	% Religious Support	0.4	0.4
Median Household Income	\$64,925	\$53,046	% Area Agency on	2.4	
Total State Expenditures Per Capita	4,056	5,385	Aging	۷.4	2.0
% Pop. 65+ Below Poverty	8	13	% Other	2.9	4.5
70 TOP. 03 T Delow Foverty	o	13	% Don't Know	43.7	32.7

Updated September 2014. Data sources for selected characteristics are available at https://caregiver.org/50-state-profiles-sources-2014-update

1

State Profile: New Hampshire (cont'd)

Selected State Background Characteristics

	NH	US		NH	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 18-64 Years w/Disability	9.2	10.1
% Spending on Nursing Facilities	52.5	41.1	% Pop. 65+ w/Disability	32.2	36.4
% Spending on Home	45.8	45	% 65+ by Type of Disability		
Health & Personal Care	45.0	43	Hearing Difficulty	15.2	14.9
# of Certified Nursing Facilities	77	15,465	Ambulatory	18.9	23.5
% of Certified Facilities	28.6	30.5	Self-Care	6.0	8.8
with Family Groups	20.0	30.5	Cognitive	7.1	9.4
# of Certified Nursing Facility Beds (thousands)	7.7	1,646	Independent Living Difficulty	11.7	16.1
% Certified Nursing Facility Occupancy Rate	89.7	83	Difficulty		
Average Cost Per Day in a Nursing Home (private)	\$297	\$241			
Average Assisted Living Monthly Cost	\$5,086	\$3,551	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Care Services	\$64	\$64	# of Organizations Offering	16	N/A
Average Hourly Cost for Home Health Care	\$25	\$26	PDPs # of PDP	30	N/A
# of Home Health Aides	1,770	806,710	# of Medicare Advantage Drug Plan Contracts	11	N/A
Median Hourly Wage					
Certified Medical Assistant	\$15.30	\$14.24			
Home Health Aide	\$12.25	\$10.10			
Personal Care/Home Care Aide	\$10.74	\$9.18			

State Profile: New Hampshire (cont'd)

State System of Home and Community-Based Services (HCBS)

Caregiver Assessment in Medicaid HCBS Waiver Program	No
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes
Lifespan Respite Grant	Yes
State Respite Coalition	Yes

Workplace Benefits for Family Caregivers

Paid Family Leave	No
Unemployment Insurance for Family Caregivers	No
Paid Sick Days	No
Preemptive Law Prohibiting local Governments from Establishing the Right to Sick Leave	No

Miscellaneous Statewide Programs, Regulations and Legislation

State Alzheimer's Plan	No
Uniform Adult Guardianship and Protective Proceedings Jurisdiction (UAGPPJA)	No
State Policy Permitting Delegation of 16 Nursing Tasks	No