State Profile: Maryland

Selected State Background Characteristics

	MD	US		MD	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (thousands)	5,929	316,128	Average Household Size	2.66	2.61
Pop. 60+ (thousands)	1,025	62,826	Average Family Size	3.24	3.19
% 60+	17.8	19.9	%Pop. in Rural Area	12.8	19.3
National Ranking 60+	39	N/A	%Households with Persons	24.4	24.9
% White (60+)	69.5	78.9	65+	27.7	24.5
% African American (60+)	22.6	8.8	% Persons Age 65+ Living Alone	9.1	9.4
% Hispanic/Latino (60+)	2.6	7.3	% Households with	83.6	79.3
% Asian (60+)	4.3	3.6	Internet Access		
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1			
% American Indian/	0.2	0.5	■ Informal Caregivers ■		
Alaska Native (60+) % Two or More Races	0.2	0.0	# of Caregivers (thousands)	547.6	28,828
(60+)	0.9	0.8	# of Caregiving Hours (million)	587	30,880
Pop. 65+ (thousands)	707.6	40,267	Value of Caregiving (millions)	\$5,819	\$306,333
% Pop. 65+	12.3	13	# Grandparents Living with Grandchildren	143.7	7070
National Ranking 65+	42	N/A	(thousands)	113.7	7070
	00.4	F 400	% with Responsibility for the Grandchildren	34.7	38.8
Pop. 85+ (thousands)	98.1	5,493	Where to Call to		
% Pop. 85+	1.7	1.8	Arrange Help in the		
National Ranking 85+	31	N/A	Home for Elderly Relatives or Friends		
			% Relative or Friend	22.3	21.5
			% Self	13.7	17.2
■ Economic Indicators ■			% Medical Support	19.0	21.6
Per Capita Income	\$51,971	\$42,693	% Religious Support	0.4	0.4
Median Household Income	\$72,999	\$53,046	% Area Agency on	2.5	2.0
Total State Expenditures Per Capita	5,863	5,385	Aging	۷.۶	۷.0
% Pop. 65+ Below Poverty	13	13	% Other	4.8	4.5
70 T Op. 03 T Delow Toverty	13	13	% Don't Know	37.3	32.7

Updated September 2014. Data sources for selected characteristics are available at https://caregiver.org/50-state-profiles-sources-2014-update

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State Profile: Maryland (cont'd)

Selected State Background Characteristics

	MD	US		MD	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 18-64 Years w/Disability	8.2	10.1
% Spending on Nursing Facilities	51.3	41.1	% Pop. 65+ w/Disability	33.2	36.4
% Spending on Home	43.9	45	% 65+ by Type of Disability		
Health & Personal Care	43.5	43	Hearing Difficulty	12.3	14.9
# of Certified Nursing Facilities	225	15,465	Ambulatory	21.5	23.5
% of Certified Facilities	53.8	30.5	Self-Care	7.9	8.8
with Family Groups	33.0	30.3	Cognitive	8.4	9.4
# of Certified Nursing Facility Beds (thousands)	27.9	1,646	Independent Living Difficulty	15.5	16.1
% Certified Nursing Facility Occupancy Rate	87.6	83	Difficulty		
Average Cost Per Day in a Nursing Home <i>(private)</i>	\$290	\$241			
Average Assisted Living Monthly Cost	\$4,546	\$3,551	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Care Services	\$74	\$64	# of Organizations Offering	17	N/A
Average Hourly Cost for Home Health Care	\$21	\$26	PDPs # of PDP	34	N/A
# of Home Health Aides	10,570	806,710	# of Medicare Advantage Drug Plan Contracts	7	N/A
Median Hourly Wage					
Certified Medical Assistant	\$15.30	\$14.24			
Home Health Aide	\$11.28	\$10.10			
Personal Care/Home Care Aide	\$10.91	\$9.18			

State Profile: Maryland (cont'd)

State System of Home and Community-Based Services (HCBS)

Caregiver Assessment in Medicaid HCBS Waiver Program	No
At Least One State Program with Consumer-Directed Option for Family Caregivers	No
Lifespan Respite Grant	No
State Respite Coalition	No

Workplace Benefits for Family Caregivers

Paid Family Leave	No
Unemployment Insurance for Family Caregivers	No
Paid Sick Days	No
Preemptive Law Prohibiting local Governments from Establishing the Right to Sick Leave	No

Miscellaneous Statewide Programs, Regulations and Legislation

State Alzheimer's Plan	Yes
Uniform Adult Guardianship and Protective Proceedings Jurisdiction (UAGPPJA)	Yes
State Policy Permitting Delegation of 16 Nursing Tasks	No